



Spiece Fieldhouse
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December 1, 2008

December 29 - 31, 2008 Gym Rats Holiday Vacation Day Camp

To All Gym Rat Players:

Gym Rats Inc. is hosting a 3 day day camp during Christmas vacation December 29, 30, and 31, 2008 at the Spiece Fieldhouse from 1:00p.m. to 4:00 p.m. daily. The camp is for boys and girls grades 3 - 8. The cost is \$100.00 per player and will include the following activities, awards presentation and pizza party.

Monday and Tuesday

December 29 and 30:

12:30 - 1:00 p.m. - Check-In
1:00 - 2:15 p.m. - Individual Drills and Station Work
2:15 - 2:30 p.m. - Break
2:25 - 3:30 p.m. - Competitive Skills Games for Awards
3:30 - 4:00 p.m. - Live Scrimmage

Wednesday - December 31:

12:30 - 1:00 p.m. - Check-In
1:00 - 2:15 p.m. - Individual Drills and Station Work
2:15 - 2:30 p.m. - Break
2:25 - 3:30 p.m. - Competitive Skill Games for Awards
3:30 - 4:00 p.m. - Live Scrimmage
4:00 - 4:30 p.m. - Awards Ceremony and Pizza Party

The Camp will have a ratio of no more than 10 players to 1 instructor. The Camp Director is Todd Hensley former Division 1 college player and Director of the Gym Rats individual instruction program at Spiece Fieldhouse.

We look forward to seeing you at this special camp to work on skill development and meet new friends in a positive atmosphere.

See You on the Court,
Gym Rats Staff